

## PASCHAL MYSTERY

### 1. Last Supper. Holy Thursday.



On Holy Thursday,

Jesus celebrated the Last Supper with the twelve apostles. For the first time, they heard the words “Take and eat, this is my Body...Take and drink, this is the chalice of my Blood.” After Pentecost, the apostles would give this gift to the Church.

### 2. Crucifixion. Good Friday.



On Good Friday Jesus gave His life on the cross. He gave this gift of Himself with love. His love was stronger than hate. On the cross, he prayed “Father forgive them. They do not know what they are doing.” He died to save us from sin and death.

### 3. Resurrection. Easter Sunday.



**HE IS RISEN!**

Jesus rose from the dead on Easter Sunday morning. The angel told the women, “Do not be afraid. Why do you look for the Living One among the dead? He is not here. He is risen.” For 40 days after Easter Sunday, Jesus appeared to his disciples.

### 4. Ascension into Heaven Ascension Thursday



On the 40<sup>th</sup> day, Ascension Thursday, he went back to heaven. Before he went, he told his disciples to go to all the world and make disciples of all nations. He promised he would be with them always and would send the Holy Spirit to help them.

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### 1. Descent of the Holy Spirit: Pentecost Sunday



On Pentecost Sunday, the Holy Spirit came down on the apostles, Mary and other disciples. They were filled with the Holy Spirit who gave them the power to live in love and to speak different languages. They could go and make disciples of all nations! Pentecost is the birthday of the Church.